

PLAY GROUPS AND PARENT SUPPORT GROUPS IN ST. HELENS

<p>MONDAY</p>	<p>9.30 – 11.30 Tipping Point Play & Support Group for parents of children with additional needs aged 0 to 5 years. Meets weekly at St. Nicholas Church, New St, WA9 3UB. £1.00 per family. Contact: Adrienne 07950 042277 Facebook: Tipping Point</p>	<p>17.00 – 19.00 Momos Kids Autism Evening social time and sensory play for children and young people with disabilities and social anxiety from age 1 – 21. At Momos Café CIC, Westfield St, St. Helens, WA10 1QJ. email: momoscoffeeshop@gmail.com</p>	<p>19.00 – 20.30 The Beacon Parent Support Group for parents and carers of children and young people with mental health difficulties. Meets 1st Monday of the month at The Tunza Centre, Boundary Rd, St. Helens (opposite Morrison’s) Contact: 0300 3000103 For dates email: sthelensppsg@gmail.com</p>	
<p>TUESDAY</p>		<p>12.45 – 14.45 Community Network Group at The Wonderland Community Centre, Reflection Court, Canal Street WA10 3JQ - providing an opportunity for parents/carers of children with Neurodevelopmental conditions pre, during & post diagnosis, to share learning and experiences, to gain tools, confidence & knowledge to better meet the needs of the family. Drop in - no need to book. Contact ADDvanced Solutions 01744 582172 email: info@advancedsolutions.co.uk</p>	<p>19.00-20.00 Rainford Rangers Inclusion Football in the Sports Hall, Rainford High School, Higher Lane, Rainford, WA11 8NY. Sessions are free but please contact Andrew Castle on 07397940444 or by email to Andrew.castle@hotmail.com before going along.</p>	<p>19.00-21.00 Youth Asperger’s Social Group For 11+ in mainstream school meets fortnightly at The Perth Centre, 2 Dunedin St, Thatto Heath, WA9 5QX Contact aspergersthelens@hotmail.co.uk</p>
<p>WEDNESDAY</p>	<p>10.00 – 15.00 Portage Coffee Day for parents/carers of children known to The Bridge Centre or who have previously been known. Generally, meet first Wednesday of the month starting 4th September 2019 at Sutton Children’s Centre, Ellamsbridge Rd, WA9 3PX. For further information contact 01744 673131. Email: bridge@sthelens.gov.uk</p>	<p>16.30 – 18.00 St. Helens Youth Service Play Session for children with additional needs (Junior 818) Weekly group for children aged 5 – 11. Based at Grange Valley Youth Centre, Haydock, WA11 OTT. Cost £3 (first session free). Contact St. Helens Youth Service on 01744 675924 or matthewcunliffe@sthelens.gov.uk</p>	<p>18.00 – 20.00 Connect Together Junior Social Group The group runs alternate Wednesday’s and is open to children aged 7-11 with diverse needs which make socialising difficult e.g. Autism. There is no charge. Based at The Community Base, Shining Light Centre, Forest Rd, Sutton Manor, WA9 4BF. Contact: 01744 345003 info@connectparents.org.uk</p>	<p>19.00-21.00 818 CLUB Weekly group for young people with additional needs aged 11-25. Based at Grange Valley Youth Centre, Haydock, WA11 OTT. Cost £4.50. Contact Matthew Cunliffe 01744 675643 or matthewcunliffe@sthelens.gov.uk</p>

THURSDAY	10.00-12.00 Autism Parents and Carers Support Group At Fishwick House, 18 Cotham St, WA10 1SJ. Contact 01744 675615	16.00-19.00 Youth Club at The Deafness Resource Centre, Dentons Green Lane, WA10 2QB. For young people age 11-18 who are deaf, hard of hearing or have communication difficulties. Contact 0174423887 enquiries@deafnessresourcecentre.org	17.00 – 18.00 Saints Superstars – Junior Disability Rugby Group starts 13 th June 2019 at Ruskin Drive Sports Complex, WA10 6RP. Contact: gareth.friar@saintsrffc.com	18.30-19.30 SEND Teenage and Adult Football with Pilkington Community Football at Carmel College, Prescott Road, WA10 3AG. Contact: 07738 959903
FRIDAY	10.00-12.00 Listen 4 Change Coffee Morning for all parent carers. Meets monthly, term-time only, at St. Helens Young Carers Centre, Fishwick House, Cotham Street (opposite the Town Hall). For dates, email Saradolan@sthelenscarers.org.uk .	18.00-19.45 WISH CDG Play group for children with Type 1 diabetes and their family. Meet monthly (term time) at The 4F Centre, Old Lane, Rainhill, L35 ONE. Contact for dates etc.: wishcdg@hotmail.com		
SATURDAY	10.00-12.00 Smarties SEN Play & Support Group for children aged 0-16 with social and communication difficulties or learning difficulties. Meets every other Saturday at St. Helens Sea Cadets, Mill St, St. Helens, WA10 2BD. £1.50 per child. Facebook.com/groups/smartiessen https://sites.google.com/view/smartiessen Email: smartiessen@gmail.com	11.20-12.00 SEND Football with Pilkington Community Football for children with SEND and their siblings/family. At Ruskin 3G, Ruskin Drive St Helens WA10 6RP. Contact: 07738 959903	10.00-13.00 Happy Hands for children with deafness or communication difficulties at The Deafness Resource Centre, Dentons Green Lane, WA10 2QB 01744 23887 enquiries@deafnessresourcecentre.org 13.00-14.00 One Voice – Inclusive Football Group at Ravenhead Social Club, Alexandra Drive, off Stafford Rd, St. Helens, WA10 3JH. £2 per child.	15.00-17.00 Ready Steady Downs – Friendship, Support, Events and Training for children with Downs Syndrome and their families. Drop In and Play session 1st Sat of the month at Haydock Community Leisure Centre, Clipsley Lane, Haydock, WA11 0JG. Contacts: Emma 07977 137827, Dawn 07988 177793 and Teresa 07963 672289 readysteadydowns@hotmail.com
OTHERS	Friends – Play for Disabled Children offers a wide variety of play and social opportunities for all children with a disability or additional needs and their families. Contact www.friendsplays.org.uk friendsgroupsthelens@gmail.com Facebook Friends – Play for Disabled Children	Clair’s Parents Meeting Parents St. Helens ADHD Support Group generally meets monthly. Contact: 07480 824868 Clairsparentsmeetingparents41@gmail.com Facebook – Clair’s Parents Meeting Parents ADHD	Regional Cerebral Palsy Football http://www.cpunited.co.uk/ Tumbles Gymnastics - Leigh https://tumbles-gymnastics.co.uk/classes	

Please note meeting times, dates and venues are subject to change, so it is always best to check with the groups directly. Some of the groups have a cost. To find out more contact the group.